

FOR IMMEDIATE RELEASE:

Slippery Rock Schools Receive Grants for Health and P.E. Instruction

Slippery Rock, Pennsylvania – May 24, 2017

For the second year in a row, four Slippery Rock Area School District schools have been awarded grants through the Action for Healthy Kids nonprofit organization. Amy Moyer, vice-president of field operations for the Action for Healthy Kids, notified assistant superintendent, Dr. Patricia Kardambikis, that each school would receive \$500. Kardambikis worked with the school district's health and physical education staff to write a proposal to obtain the grant funding.

"To be a recipient of the Action for Healthy Kids grants for all four of our schools validates the progress we are making in finding ways to make our students healthier," said Kardambikis.

In April 2017, the school district celebrated "Every Kid Healthy Week". On April 26th, SRASD held "Wellness Across the Spectrum," a wellness fair for students, families, and community members. The fair was planned by high school students in the National Honor Society and the Wellness Club and supported by high school teachers and staff. Teachers Chris Mooney and Melanie Cole spearheaded the event.

The lobby and hallways featured vendors from Youngstown State University's nutrition program. A concession stand offered healthy options like fruit smoothies, funded by a mini-grant from Action for Healthy Kids and GoGo SqueeZ. Prize baskets were raffled off, and all proceeds went to the Autism Society of Butler County.

Student volunteers from Slippery Rock University led two and a half hours of fitness classes, including fitness drumming, Zumba, yoga, martial arts, and wheelchair rugby. The highlight of the event was the "Pump N' Run", where students participated in a weight lifting competition and 5k race.

Alfonso Angelucci, D.Ed.
Superintendent of Schools
Slippery Rock Area School District
201 Kiester Road
Slippery Rock, PA 16057

###